

MODERN METHODS OF DEVELOPING SPEECH AND COMMUNICATION SKILLS IN PRESCHOOL CHILDREN

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Abstract. *This article examines modern methods of developing speech and communication skills in preschool children. The importance of identifying the causes of speech problems in children is highlighted. In addition, the influence of the relationship between parents and children on speech development is discussed. According to the research results, the use of correct speech therapy approaches and regular interactive activities has a positive effect on children's speech development.*

Keywords: *speech development, preschool education, speech therapy toys, interactive methods, communication skills, sand therapy, parental approach, television and phone influence, child psychology.*

Introduction

Nowadays, speech delay in children has become one of the most common and urgent problems. Since the 21st century is considered the age of technology, many children spend most of their time in front of phones, televisions, and other electronic devices. As a result, the decrease in live communication leads to the slow development of children's speech and communication skills.

One of the main reasons for this problem is that parents do not pay enough attention to their children because they are often busy with work. Consequently, communication between parents and children decreases, which negatively affects the child's speech development. In order to prevent this problem, parents should spend more time talking with their children, playing games together, and regularly engaging in activities that develop speech skills.

In addition, playing in nature, sand, and soil has a positive effect on children's psychological and speech development. Various speech therapy toys, pictures, and interactive exercises can help increase children's vocabulary. Especially, reading books, telling fairy tales, and asking and answering questions with preschool children help improve their thinking and communication skills.

Methods

During the preparation of this article, factors affecting speech development in preschool children were studied. During the research process, visits were made to speech therapy centers and interviews were conducted with parents. In addition, children's daily activities and the use of phones and television were observed.

Furthermore, the effectiveness of interactive methods, speech therapy exercises, and educational games aimed at developing children's speech was analyzed. Special attention was paid to storytelling, question-and-answer games, communication activities, and sand therapy methods.

Results

According to the results of the study, speech delay was more common among children who excessively used electronic devices.

In particular, children who spent a long time in front of phones and televisions showed a decrease in live communication. This negatively affected their vocabulary and communication skills.

In interviews with parents, many stated that they had little time to communicate with their children because of work. Some parents also mentioned that their children had been attending speech therapy sessions for several years.

The findings showed that regular communication with children, interactive games, reading books, and speech therapy exercises positively influence the development of children's speech and communication skills.

Discussion

The role of parents is extremely important in the development of speech and communication skills in preschool children. Talking more with children, answering their questions, and spending quality time together help increase children's speech activity. In addition, limiting the use of electronic devices is also important. Playing in nature, using sand and soil activities, as well as educational games and speech therapy exercises, are effective methods for improving children's pronunciation and communication skills. Interactive methods and a healthy family environment also contribute positively to speech development.

Conclusion

In conclusion, speech delay in preschool children is considered one of the urgent problems of modern society. Excessive use of phones and televisions, lack of live communication, and parents being busy with work are among the main causes of this issue.

Therefore, it is important to communicate more with children, engage them in interactive games, read books together, and regularly conduct speech therapy activities. In addition, outdoor activities and educational toys positively affect children's speech and communication development.

References

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